

## Everything You Need to Know - Summer Nature Day Camp 2019 Twilight Investigations - Grades 6-9

## **Hours of Operation**

Our Twilight Investigations Camp for children entering grades 6-9 is held Monday through Wednesday from 3:00 PM to 9:00 PM. On Thursday, campers will be dropped off at 3:00 PM and will picked up on Friday morning at 9:30 AM. Please plan to drop-off your camper **no earlier** than 3:00 PM.

On the first afternoon of the camp program, parents and children must check in with the director at the main entrance of the Audubon Nature Center. Please remain with your child until he/she has been assigned to his/her group and counselor. Please note that campers must be signed in and out each day in their assigned classroom.

## Sign-in/Out Procedures Each Day

Parents/Guardians accompany their camper(s) to camp and sign them into the program on the attendance sheet when they arrive. Parents/Guardians also sign their camper(s) out upon pick up. Please note that you must bring a photo ID with you to pick up. If you do not have a photo ID, even if we know you, we cannot allow a child to leave with you. Campers should be signed-in and out each day with their assigned counselor by parents or an authorized adult (18 years and older). Parent or guardian must fill out the pick-up authorization section of the enclosed forms for non-family members who will pick-up camper(s) during the week. Please do not leave children unattended at the center before the camp day begins at 9:30 AM or after 3:30 PM. Please be prompt or contact camp director Elyssa Scheck at 203-869-5272 x346 or escheck@audubon.org if you will be late.

#### Medication and Sunscreen/Insect Repellant

Any prescription medication must be given to the Director of First Aid accompanied by a *physician signed medication authorization* (enclosed) and must be in an *original container with prescription label.* Please note that by law, we cannot stock any over-the-counter medications such as painkillers, Neosporin, anti-itch creams, etc. You may sign an authorization for non-prescription medication, which must be given to the Director of First Aid in the original container with your camper's name written in permanent ink. To protect your camper(s) from the sun, all campers should come to camp wearing sunscreen and be prepared to reapply it when necessary. Staff cannot supply sunscreen or insect repellant. Please label sunscreen and insect repellant containers with the child's name written in permanent ink.

#### **Emergency Plan**

The camp staff is trained to care for minor injuries at camp. Should a serious injury occur, the Camp Director will notify you or an emergency contact. If your child becomes sick at camp, we will assess the severity and notify you if we feel that it is necessary. If your child is vomiting or has a fever, we ask that you pick up your child immediately.

## Absences

If your child will be absent from camp, please contact Elyssa Scheck at 203-869-5272 x346 or escheck@audubon.org before 3:00 p.m.

## S'mores

On Thursday evening of Twilight Investigations, campers will make S'mores out of marshmallows, graham crackers, and chocolate. We will have an ingredient list available during that week for questions and/or allergy concerns.

## Overnight

Campers will be sleeping over at the Audubon Center on Thursday night. We are hoping to borrow tents for campers to set up and sleep in on Hawk Watch Lawn. If you have a tent, please let us know – we would love to borrow it. Your child will share a tent with 1 to 4 campers of the same gender. Audubon staff members will sleep in personal tents. In the case of inclement weather, campers and staff will sleep indoors at the Audubon Center and/or our event space in the Ketay Asnes Barn.

## Breakfast

Audubon staffers will be making breakfast for your child on Friday morning. Bagels, butter, cream cheese, jelly, fruit, and fruit juice will be provided. We will have a complete list available during that week for questions and/or allergy concerns. Please pack a snack and dinner for your camper for Thursday evening.

# **Camp Supplies**

Here is a list of things you will need throughout the week at camp:

- Lunch in an insulated lunch bag with an icepack; and a snack & drink for each day.
- Water bottle
- A "Gear Container": A sturdy box, crate or bag that will remain at camp all week. All campers should come to the first day of camp with the following items in their container:
  - A complete change of clothes, including underwear and socks
  - Warm clothing such as a sweatshirt or sweater and long pants
  - A backpack for carrying things on hikes
  - Sunscreen and insect repellent (if desired)
  - Waterproof raincoat or poncho
  - A ball cap or hat for sunny days
  - Comfortable rubber boots, old sneakers, or close-toed water shoes that can get wet (<u>Please</u> <u>note: decorative rubber rain boots are generally not designed for excessive walking and</u> <u>may cause blisters</u>)
    - A flashlight (if desired)
- Here is a list of things you will need at camp on Thursday:
  - Sleeping bag or warm blankets
    - Pillow
    - Hand towel (if desired)
    - Camping pad or mat (if desired)
    - Toothbrush & Toothpaste
- Please label the box and all contents with your campers first and last name (lunch bags, clothing, water bottles, sunscreen, bug repellant, etc.)

Please make sure your child is prepared with the supplies listed above. Campers should arrive each day in comfortable clothes that can get dirty. Please do not bring food that requires heating or electronic devices such as cell phones, portable games, or I-Pods. Thank you!

#### DIRECTIONS

#### From the North or West

Take I-684 to exit 3 and turn north onto Route 22. At the first light past the construction, turn right onto Route 433. Drive 2 miles to the stop sign at the intersection of John Street. The Audubon entrance gate is to your left.

#### From the South or East

Take I-95 to exit 3 and turn north onto Arch Street. Immediately after the light at Railroad Avenue, turn left onto Sound View Drive. At the street's end, turn right onto Field Point Road, and take the next left onto Brookside Drive. Cross Rte. 1, and at the end of Brookside, turn left onto Glenville Road. After 1.5 miles, turn right at the light onto Riversville Road. Drive 4.5 miles to the stop sign at John Street; the Audubon entrance gate is on your right.

#### From the Merritt Parkway

(No commercial vehicles permitted.) Take exit 28 (in Connecticut) and turn north onto Round Hill Road. After 1.5 miles, turn left onto John Street. The entrance gate is on the right at the Riversville Road stop sign.